

The Sacred Postures During Holy Mass

Instructions: Check the box(es) once you are familiar with that specific posture that go along with the part of the Mass.



Opening Song



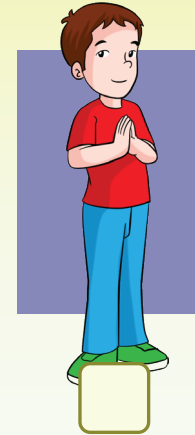
Praying 'Lord Have Mercy'



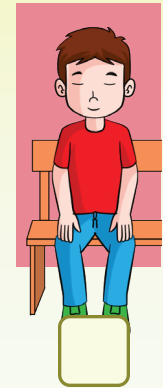
Praying 'Glory o God'



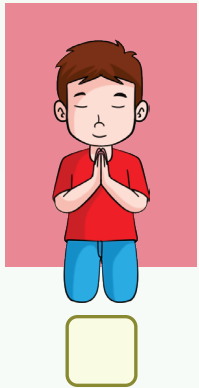
Listening to the Readings



Listening to the Gospel



Preparation of Gifts in Altar



Prayer during Consecration



Praying the Lord's Prayer



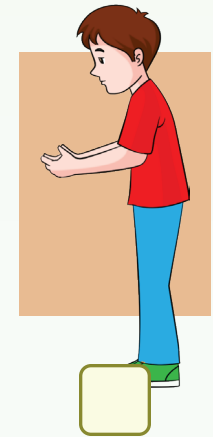
Saying the Sign of Peace



After the 'Lamb of God'



Prayer Before Communion



Receiving Communion