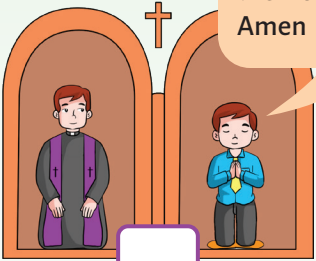


# Sacramental Preps Worksheet #2

## How to Make A Good Confession

**Instructions:** Check the box(es) 1 to 5, once the user is familiar with every step and mastered the prayers in each step.

The priest welcomes the penitent and lets the penitent feel comfortable.




1

'In the name of the Father, and of the Son, and of the Holy Spirit. Amen

The priest gives advice and he gives penance.



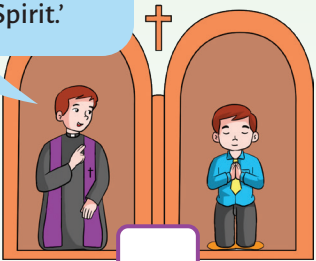

3

The penitent listens to the priest, and feels sorry for sins.

In Jesus' name, the priest says:

'I absolve you from your sins in the name of the Father, the Son, & the Holy Spirit.'

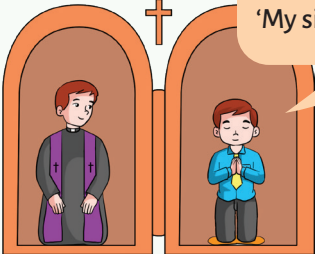
The penitent resolves never to sin again & feels God's healing forgiveness.




5

'Bless me Father, for I have sinned. It has been (weeks, months, year) since my last confession.'

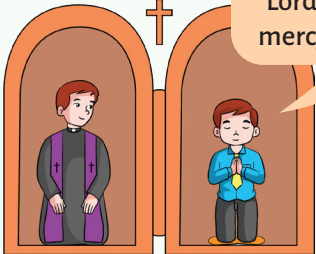
'My sins are...'




2

The penitent expresses contrition by saying the old prayer or say:

'Lord Jesus, Son of God, have mercy on me a sinner.'




4